



Virtual Mission Journey: Maua Methodist Hospital

Maua, Kenya, and surrounding area



Maua Methodist Hospital

[Facebook](#)

[Friends of Maua Hospital](#)

[Friends of Maua Hospital on Facebook](#)

Watoto wa Ahadi Rescue Center

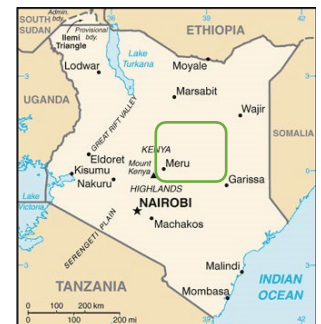
[Video](#) (2018)

[Oregon-Idaho Kenya Missions on Facebook](#)



Location

Maua is situated 300 kms (about 7 hours) northeast of Nairobi, just beyond the Equator, in the Nyambene Hills that form the northeastern boundary of the Central Highlands. Rainy seasons are generally from October to December and March to May. Due to the 5,700-ft. altitude, it is never too hot. It can be rather chilly at night in June and July.



- [Google Map](#)
- [History of Kenya](#)
- Maua Methodist Hospital—
 - [Short description](#)
 - [Maua Methodist Hospital](#) (2015), video
 - [Overview](#) (2016), video

Project Ministries

- *Work on the Hospital Compound.* Each team is asked to work on a designated project on the hospital compound. These generally consist of painting, or minor construction.
- *Medical Volunteer.* Doctors, surgeons and dentists who want to work in the hospital are welcome for short or long-term assignments. Short-term doctors can participate in teaching and ward rounds, but again, cannot see and treat patients alone unless they have a license to practice in Kenya.
- *Medical Camp.* Help medical personnel to test for TB, HIV/AIDS, Blood Pressure and Diabetes.

Teams will assist with basic eye testing, taking blood pressure, gathering weights, demonstrating proper hygiene and brushing teeth. [Operation Outreach](#) video (2015)

- *School Health Program*. Visit one school where you will help with weight and height measurements of students, participate as time allows in the educational programs (dental care, hygiene, diet), give the deworming pills and offer any school supplies/donations.
- *AIDS Orphan Home*. We join Charles and his crew to build a new home to replace the home you see pictured on the left. One home costs \$3000 US to build. The \$3000 covers the building supplies, salary for the Kenyan workers, latrine, basic beds/blankets for the family, school fees and health insurance for the family for one year. [AIDS Orphan Project](#) video (2015)
- *Other mission opportunities* include providing and handing out mosquito nets, building kitchen bag gardens and planting trees.
- *S.A.F.E.* A program that provides access to badly needed surgical procedures for people in Kenya who otherwise could not afford the healthcare they need.
- *NHIF*—National Health Insurance. Providing vital health insurance for the poorest families.

Other Project Areas

- *Bio-Intensive Training Centre, Meru*. Established in 1992, the farm organizes basic training courses for small farmers in ecologically sound agricultural practices and livestock management under zero grazing. [Facebook](#).
- [Velosia's Kingdom Builders Center](#). Be a hero, change a life. VKBC offers a Christian and loving home for orphaned, abused and abandoned children in the Republic of Kenya.

Suggested Readings and Viewings

- BOOKS
 - [WHEN HELPING HURTS](#) How to Alleviate Poverty without Hurting the Poor...and Yourself by S. Corbett & B. Fikkert
 - [A MISSION JOURNEY](#) a Handbook for Volunteers
 - [UNBOWED: A Memoir](#) by Wangari Maathai
 - [CULTURE AND CUSTOMS OF KENYA](#) by N.W. Sobania & N. Sobania
 - [FACING MOUNT KENYA](#) by Jomo Kenyatta
 - [FLAME TREES OF THIKA](#) by E. Huxley
 - [THINGS FALL APART](#) by Chinua Achebe
- DOCUMENTARIES, MOVIES
 - National Geographic specials on East Africa
 - ["Out of Africa"](#)
 - ["The First Grader"](#)—the story of an 84 year-old Kenyan villager and ex Mau Mau veteran who fights for his right to go to school for the first time.

Local Involvement

When you are not able to travel or as you prepare for your mission journey, there are many activities you can do at home. Here are a few ideas:

- Get involved with the local food bank and other agencies that offer food support in your community. Organize a food drive, volunteer at the food bank or with Meals on Wheels.
- Offer to help with a building project in your area through Habitat for Humanity or another volunteer organization.

- Organize a 'senior help day'. Find out what seniors in your church need (painting, yard clean up, minor repairs) and plan a work day.
- Organize a mission dinner. Prepare a traditional Kenyan meal and share your mission stories (and pictures). Here's one site with [traditional Kenyan recipes](#).
- Volunteer at a local blood drive.
- Plan a book or video study, in person or virtually.
- Organize a sewing party, in person or virtually, to make receiving blankets, knitted hats and/or face masks.
- Schedule a virtual event with [Kathie Mann](#), Global Mission Partner and Country Coordinator or Stanley Gitari, Director of Community Services at Maua Methodist Hospital.
- Learn Swahili or Ki-Meru. Even if you just learn a few phrases, your efforts will be greatly appreciated by your Kenyan sisters and brothers.

Donations

- [Advance Specials](#):
 - Maua Hospital Service Fund #09613A
 - AIDS Orphan's Feeding and Education Support #140161
- Kathie Mann, GBGM Individual Volunteer/Global Mission Partner
For gifts under \$500, #982465 ♦ For gifts over \$500, #09613A

"After thorough discussion with the staff at MMH, the FOMH Board strongly discourages the sending of teams to Maua, either under the banner of Volunteers In Mission, or independently, between now and the end of August, 2020..." Jim Monroe, FOMH Board President

Because of the global threat of COVID-19, Friends of Maua Hospital has shifted our fundraising efforts to obtain the necessary PPE (Personal Protection Equipment) to safeguard the MMH Staff and patients before the crisis comes to Maua. The hospital's management team has created a detailed budget to acquire supplies and equipment which totals about \$44,000.

Donate Now: <https://amhf.kindful.com/?campaign=1061289>

Contact: If you have questions or would like more information on mission trips to Kenya, contact [Kathie Mann](#), Mission Coordinator.

Asante sana, Bwana Akibiriki. (Thank you very much. God bless you.)

